

Date	Time	<p style="text-align: center;">Antecedent</p> <p>Be specific: Describe any interaction that occurred <i>immediately</i> before self-injury (was an activity discontinued, transition initiated, were you talking to someone else, did you ask the person to do something, was the person alone)?</p>	<p style="text-align: center;">Behavior</p> <p>- Describe the type and intensity of self-injury</p>	<p style="text-align: center;">Consequence</p> <p>- Describe what occurred immediately after each behavior.</p>	<p style="text-align: center;">Resolution</p> <p>Describe the event(s) that stopped the problem behaviour. What helped the person return to calm and stop self-injuring?</p>